

Fairtrade begins at home

Supporting British Farmers – what can I do?



- ❑ Buy British produce – always read the label on the pack or on the shelf for the country of origin
- ❑ Consider who really benefits before buying fresh produce on special offer
- ❑ Preferentially buy produce that is in season
- ❑ Ask your local supermarket or shop to stock locally produced food
- ❑ Ask your supermarket if recent food price rises have been passed back to the farmer
- ❑ Support farm shops & farmers markets where possible
- ❑ Write to your MP: tell them why British Agriculture is important
- ❑ Regularly pray for those who grow, make & pack our food – see www.arthurrankcentre.org.uk for resources